

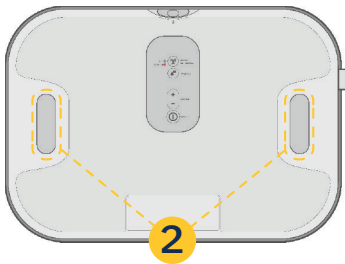
LET'S START SCANNING TODAY

6 SIMPLE STEPS TO START SCANNING WITH THE PODIMETRICS SMARTMAT™



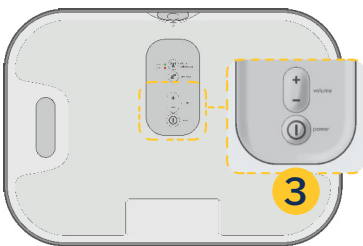
It's never too late to start scanning.

It only takes 20 seconds a day, and scanning regularly can help detect signs of inflammation in the foot. Podometrics will be monitoring your feet and staying in touch with you and your provider. If you have any questions, call 1-833-203-3777 (TTY: 711).



1. Open the box. Store all materials in an easy-to-find location in case you need them later.

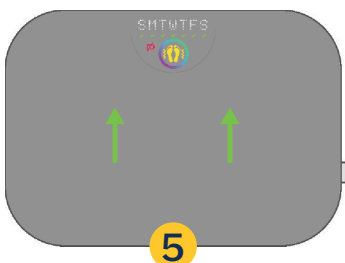
2. Remove the plastic cover on the SmartMat by flipping it over and pulling the plastic flaps out of the handles.



3. Press the power button on the bottom of the mat. You only need to press it once, and you'll never need to turn it off.



4. Once the light turns to a steady green, you're ready to scan. Place the mat securely on the floor with the gray side up. If your mat does not turn steady green, try moving it to a new location for a stronger cellular signal and press the button on the back that says "test connection".



5. Stand on the SmartMat facing the logo. Keep your feet planted and spaced a few inches apart.

6. Your scan will begin automatically. It only takes 20 seconds a day.

PRO TIPS



- Always use the SmartMat with bare feet. No socks or bandages.
- Do not place a foot with an open wound on the SmartMat. Try scanning with a single foot instead. You can place a single foot anywhere on the mat surface to scan.
- You can also take a scan while sitting down. Simply press down firmly with your feet.
- Place the SmartMat somewhere stable and easy-to-find, like your bedroom. Avoid placing the mat in a busy area where it could become a tripping hazard.
- Do not place near heaters or windows.
- Scan every day at the same time so it's easier to remember.



Podometrics Patient Support Team

1-833-203-3777 (TTY: 711)
Monday through Friday
9 am to 7 pm EST