

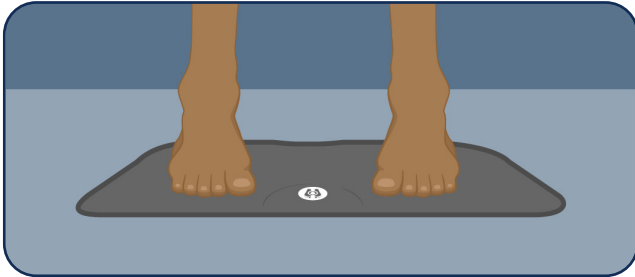
Podimetrics SmartMat™ | How to scan your feet correctly

Use this guide to help you learn the do's and don'ts to properly scan your feet on your Podimetrics SmartMat for accurate temperature monitoring.

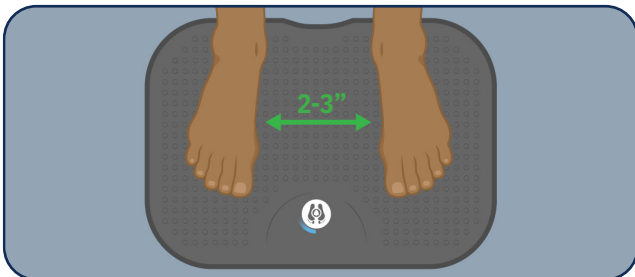
Do's



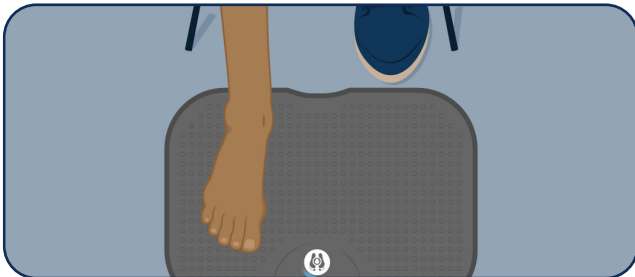
Make sure to place your bare feet completely on the mat.



Place feet at least 2-3 inches apart on the mat.



Keep foot or feet completely still on the mat.



Tip: To help keep your balance, you can scan your feet while sitting in a sturdy chair. If sitting, press your feet firmly to apply enough pressure for a scan.



Keep your feet on the mat for 20 seconds. This is complete when any of these occur:



1. The time circle is completely lit.



2. You hear a chime and see "Scan Saved" appear on the screen.

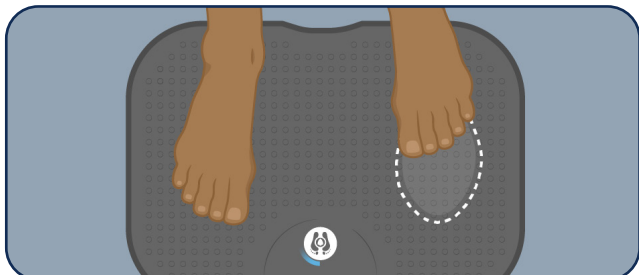


3. A check mark appears under the day of the week that you scanned.

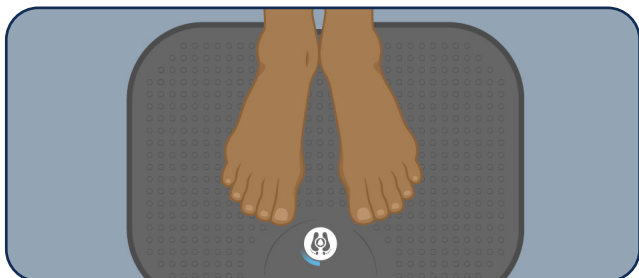
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Don'ts

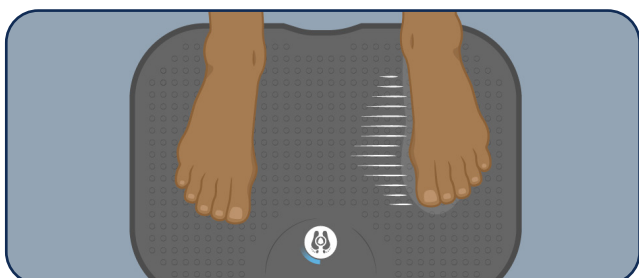
- ✘ Your whole foot should be on the mat, not just part of it.



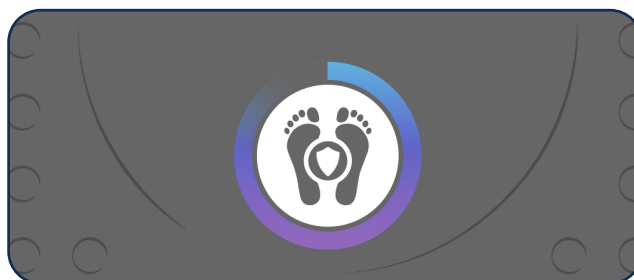
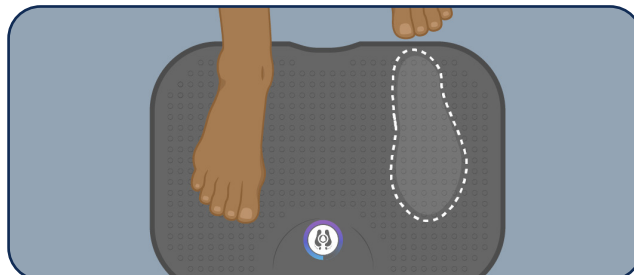
- ✘ Do not place your feet directly next to each other.



- ✘ Do not move while on the mat.



- ✘ Do not remove feet from the mat until the 20-second scan is complete.



For any questions or to have a member of the Podimetrics Patient Support Team assist you, please call 1-888-498-6489 (TTY: 711).

*Read the User Manual for complete instructions.

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